



OUR STORY

Augason Farms knows that nature's goodness is the best source of flavorful and wholesome ingredients. That's why we take great care in bringing you non-GMO, organic soups that promote balanced eating and healthy lifestyles.

Each delicious and nutritious soup is crafted with the finest USDA-certified organic ingredients and carefully paired with the perfect blend of seasonings. With every satisfying spoonful you'll enjoy true food that's brimming with quality and taste.

Organic Tomato Basil with Pasta

Soup Mix

Nutrition Facts

Serving Size: 1/4 Cup (27g) Dry
About 1 Cup Prepared
Servings Per Pouch: 4

Amount Per Serving	
Calories 110 Calories from Fat 10	
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	19%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 4g	

Vitamin A 30% • Vitamin C 25%
Calcium 8% • Iron 10%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

DIRECTIONS:

1. Whisk entire pouch into 4 1/4 Cups boiling water.
2. Simmer on low heat for 15 to 20 minutes, stirring frequently.
3. Serve and enjoy.

INGREDIENTS: Organic semolina wheat pasta, organic tomato powder, organic corn starch, organic corn syrup solids, salt, organic cane sugar, organic creamer (organic palm oil, organic skim milk solids, organic rice syrup solids, sodium citrate, tricalcium phosphate, organic soy lecithin), organic cheddar flavor (organic maltodextrin, organic whey solids, organic natural cheddar cheese flavor, salt, disodium phosphate), organic cheese flavor (organic maltodextrin, organic rice concentrate, natural flavor, salt), organic onion powder, organic basil leaf, organic garlic powder, organic black pepper, organic ground bay leaf, organic oregano, organic parsley.

Contains allergens: Milk, soy and wheat.

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1-800-878-0099

www.AugasonFarmsOrganics.com

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