

MORNING MOO'S®
LOW FAT MILK ALTERNATIVE
 (1 can)

CHOCOLATE MORNING MOO'S®
LOW FAT MILK ALTERNATIVE
 (1 can)

ORANGE DELIGHT
DRINK MIX
 (1 cans)

APPLE DELIGHT DRINK
MIX
 (1 can)

Nutrition Facts

93 servings per container
Serving size 2 Tbsp (17g) Dry
 (about 1 Cup prepared)

Amount per serving
Calories 70

% Daily Value*

Total Fat 2.5g **3%**
 Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 115mg **5%**

Total Carbohydrate 10g **4%**

Dietary Fiber 0g **0%**

Total Sugars 9g

Includes 1g Added Sugars **2%**

Protein 3g

Vitamin D 3mcg 15%

Calcium 120mg 10%

Iron 0mg 0%

Potassium 283mg 6%

Vitamin A 105mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

Serving Size: 3 1/2 Tbsp (35g) Dry
 Servings Per Container: 57

Amount Per Serving

Calories 140 **Calories from Fat 35**

% Daily Value*

Total Fat 3.5g **6%**
Saturated Fat 3.5g **16%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 26g **9%**

Dietary Fiber less than 1g **3%**

Sugars 21g

Protein 2g

Vitamin A 10% • **Vitamin C** 0%

Vitamin D 25% • **Riboflavin** 2%

Calcium 6% • **Iron** 2%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Nutrition Facts

99 servings per container
Serving size 2 Tbsp (26g) Dry
 (about 1 Cup prepared)

Amount per serving
Calories 100

% Daily Value*

Total Fat 0g **0%**
 Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 30mg **1%**

Total Carbohydrate 26g **9%**

Dietary Fiber 0g **0%**

Total Sugars 25g

Includes 25g Added Sugars **50%**

Protein 0g

Vitamin D 0mcg 0%

Calcium 1mg 0%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin C 62mg **70%**

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Nutrition Facts

79 servings per container
Serving size 2 Tbsp (25g) Dry
 (about 1 Cup prepared)

Amount per serving
Calories 90

% Daily Value*

Total Fat 0g **0%**
 Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 30mg **1%**

Total Carbohydrate 25g **9%**

Dietary Fiber 0g **0%**

Total Sugars 24g

Includes 24g Added Sugars **48%**

Protein 0g

Vitamin D 0mcg 0%

Calcium 3mg 0%

Iron 0mg 0%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Sweet whey, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, polysorbate 80, sodium silicoaluminatate, tetrasodium pyrophosphate, soy lecithin), nonfat milk, sugar, guar gum, vitamin A, vitamin D.

Contains allergens: Milk and soy.

INGREDIENTS:

Sugar, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, polysorbate 80, sodium silicoaluminatate, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, dutched cocoa (processed with alkali), sweet whey, natural cream flavor (maltodextrin, natural cream flavor), salt, carrageenan gum, xanthan gum, cellulose gum, vitamin A, vitamin D.

Contains allergens: Milk and soy.

INGREDIENTS: Sugar, citric acid, natural and artificial orange flavor (maltodextrin, natural and artificial flavors, propylene glycol, ammoniated glycyrrhizin, and dl-alpha-tocopherol), sodium citrate, ascorbic acid, yellow #6, red #40.

INGREDIENTS: Sugar, apple juice flavor, citric acid, sodium citrate, ascorbic acid, xanthan gum, apple flavor (maltodextrin, artificial flavors), caramel color, malic acid.