



## OUR STORY

Augason Farms knows that nature's goodness is the best source of flavorful and wholesome ingredients. That's why we take great care in bringing you non-GMO, organic soups that promote balanced eating and healthy lifestyles.

Each delicious and nutritious soup is crafted with the finest USDA-certified organic ingredients and carefully paired with the perfect blend of seasonings. With every satisfying spoonful you'll enjoy true food that's brimming with quality and taste.

# Organic Chicken Noodle Soup Mix

## Nutrition Facts

Serving Size: 2/3 Cup (26g) Dry  
About 1 Cup Prepared  
Servings Per Pouch: 4

Amount Per Serving	
Calories 130 Calories from Fat 10	
	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 600mg	<b>25%</b>
<b>Total Carbohydrate</b> 24g	<b>8%</b>
Dietary Fiber 5g	<b>20%</b>
Sugars 3g	
<b>Protein</b> 8g	

Vitamin A 40% • Vitamin C 35%  
Calcium 15% • Iron 20%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

## DIRECTIONS:

1. Whisk entire pouch into 4 1/4 Cups boiling water.
2. Simmer on low heat for 15 to 20 minutes, stirring frequently.
3. Serve and enjoy.

**INGREDIENTS:** Organic semolina wheat penne pasta, organic chicken stock (organic chicken stock, salt), organic carrot dices, organic peas, organic corn, organic corn starch, salt, organic chopped onion, organic chicken base (sea salt, organic evaporated cane syrup, organic chicken fat, organic natural flavoring, organic potato flour, organic chicken stock, organic chicken flavor, organic spice, organic turmeric), organic garlic granules, organic maltodextrin, xanthan gum, organic cane sugar, organic celery seed, organic parsley, organic onion powder, organic black pepper, natural flavoring, organic rosemary.

**Contains allergens:** Wheat.

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[www.AugasonFarmsOrganics.com](http://www.AugasonFarmsOrganics.com)

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